Amir Khillah



Use-of-Force & Subject-Control SME · Kalamazoo, Michigan area
Founder, Centurion Modern Subject Control · Founder, Guardian Ludus

Short bio: Amir Khillah is a current peace officer and use-of-force/subject-control instructor. A 2nd-degree BJJ and 6th-degree Combat Hapkido black belt, he founded Centurion Modern Subject Control and Guardian Ludus and has written 7 Police1 articles and a Law Officer essay.

Long bio: Amir Khillah is a use-of-force and subject-control subject matter expert based in the Kalamazoo, Michigan area. His work is about one question: will this technique still work when an officer is tired, scared, and wearing a duty belt? He is a current peace officer and use-of-force/subject-control instructor with Centurion Modern Subject Control, Guardian Ludus, and private training. He holds a 2nd-degree BJJ black belt, a 6th-degree black belt in Combat Hapkido, a 5th-degree black belt in Taekwondo and a 1st-degree black belt in Tang Soo Do, is a U.S. Army Combatives Level II Instructor, and is a retired professional MMA fighter (The Ultimate Fighter 12, Bellator). He holds an M.S. in Human Performance and a B.S. in Exercise Physiology from Western Michigan University. He founded Centurion Modern Subject Control, which teaches progressive-resistance, stress-ready subject control to officers and instructors, and Guardian Ludus, Kalamazoo's civilian defense school.

Topics

- Stress-ready subject control
- Jiu-jitsu for law enforcement: what to keep and what to cut
- Instructor development for DT programs
- Officer physical performance and durability

Sample talks: "Competence First, Then Pressure" · "Off Your Back: Adapting Jiu-Jitsu for the Street" · "The Instructor Is the Multiplier" · "Train Like You Wear It"

Credentials

- Current peace officer; use-of-force/subject-control instructor
- Black belts: 2nd-degree BJJ, 6th-degree Combat Hapkido, 5th-degree Taekwondo, 1st-degree Tang Soo Do
- U.S. Army Combatives Level II Instructor
- Retired professional MMA fighter (The Ultimate Fighter 12, Bellator)
- M.S. Human Performance, B.S. Exercise Physiology, Western Michigan University
- Instructional title Police Jiu Jitsu (BJJ Fanatics)

Featured media

- Law Officer: "Stop Teaching Officers Jiu-Jitsu" (Oct 2026)
- Police1: 7 articles (police1.com/amir-khillah)
- Podcast guest: The Way Is in Training, Ep. 245
- As heard on: Courageous Leadership with Dr. Travis Yates — "Winning Violent Encounters with Amir Khillah" (Nov 4, 2026) · listen
- Upcoming: The American Warrior Show with Rich Brown (Dec 18, 2026)

For appearances, talks, and media: booking@centurionmsc.com